



**CENTRAL NECESSITIES**

w/ Lettuce, Tomato, & Hellmann's Real Mayonnaise

SERVED ON A SUB, ROUND ROLL, OR BREAD

White or Whole Wheat Sub, Hard Roll, White, Whole Wheat, Pumpernickel or Rye  
Or Try One of Our Homemade Rolls

- Chicken Salad	\$5.65
- Tuna Salad	\$5.65
- Ham Salad	\$4.95
- Turkey Salad	\$4.95
- Egg Salad	\$4.25
- Boars Head Turkey Breast	\$5.40
- Deli Cooked Roast Beef	\$5.40
- Boars Head Roast Beef	\$5.65
- Baked Ham	\$4.95
- Boars Head Virginia Ham	\$5.40
- Boars Head Corned Beef	\$5.65
- Boars Head Pastrami	\$5.65
- Boars Head Salami	\$5.40
- Boars Head Pepperoni	\$5.40
- Boars Head All-Beef Bologna	\$4.25
- Boars Head Liverwurst	\$4.25
- Boars Head Peppercorn Turkey	\$5.40
- Boars Head Honey-Maple Turkey	\$5.40

**ADDITIONAL TOPPINGS:**

Onions, Sweet Pickles, Hot Peppers & Green Olives

Specialty: American - Swiss - Cheddar - Provolone - Havarti - Monterey Jack - Mozzarella

Specialty w/ Mustard, Dijon Mustard, Honey Mustard, Italian Dressing, Horsey Sauce, Italian Dressing

**NO-CARB DIET IDEAS**

- (1) Scoop of Chicken, Tuna, Egg, Turkey or Ham Salad over Your choice of Side Salad add...\$4.25
- (2) 6 oz. Chicken Breast over Your Choice of Side Salad add...\$4..50
- (3) Cold Plate: Choose a Scoop of Chicken Salad, Tuna, Egg Turkey or Ham Salad over a Bed of Lettuce
- (1) Scoop: \$4.50 (2) Scoop \$5.95 (3) Scoop \$6.95

**FRESH MADE SALADS**

**TOSSED SALAD**

w/ Crisp Iceberg Lettuce & Vegetables

Small Tossed	\$2.15
Large Tossed	\$3.65

**CHEF SALAD**

w/ Crisp Iceberg Lettuce, Tomatoes, Cukes  
Turkey, Ham, & Provolone Cheese

Small Chef	\$3.95
Large Chef	\$6.15

**SPRING MIX SALAD**

Mixed Salad Greens with Cukes & Tomatoes

Small Spring	\$2.95
Large Spring	\$4.60

**SIDE SALADS**

Fresh Fruit, Macaroni, Potato, Cole Slaw, Tuna Macaroni, Pasta Veggie, Tapioca, Rice Pudding & Other Specialty Deli Salads

**BREAKFAST SANDWICHES & BAGELS**

Egg Sandwich with Cheese, Bacon, Ham or Sausage	\$2.75	
2 Egg Sandwich	\$3.75	
Toasted Bagel: w/Butter	\$1.60. w/Cream Cheese	\$1.85

**HOMEMADE SOUPS DAILY**

**CHICKEN NOODLE SOUP DAILY**

**PICK UP OUR MONTHLY MENU**

**BOARSHEAD MEATS & OTHER  
FINE DELI MEATS & CHEESES AND SIDE SALADS  
SOLD BY THE POUND.**

**FRESH BAKED ROLLS & COOKIES**

**LOTS OF DRINKS TO CHOOSE FROM:**

**BOTTLED SODA, SNAPPLE TEA'S, WATER, & JUICES**

**M & D DELI CENTRAL  
19 CENTRAL AVE. CORTLAND  
607-753-8646 ~ FAX: 758-8443**

**CENTRAL CREATIONS**

Served on a sub unless noted otherwise

#15 - <b>BLT</b> : "can't go wrong"	\$5.50
Bacon-Lettuce-Tomato-Mayo	
#17 - <b>Hot Meatball Sub</b> : "enough said"	\$5.50
Dave's Homemade Meatballs & Sauce	
#18 - <b>BBQ Pork Sub</b> : "phenomenal"	\$5.95
Pulled Pork in Our Own "Deli"icious Sauce	
#21 - <b>Turkey Jack</b> : "a bestseller"	\$5.95
Turkey-Bacon-Jack Cheese-Honey Must.-Let-Tom-Mayo	
#22 - <b>Super Beef</b> : "the king of subs"	\$5.95
Roast Beef-Havarti-Onions-Green Peppers-Let-Tom-Mayo	
#23 - <b>Beef, Bacon, &amp; Shrooms</b> : "the bb-est"	\$5.95
Roast Beef-Bacon-Sauteed Mushrooms-Provo-Horsey Sauce	
#24 - <b>Smokey "D"</b> : "a stand-out"	\$5.50
Baked Ham-Bacon-Jack Cheese-BBQ Sauce	
#25 - <b>Beef &amp; Cheddar Melt</b> : "says it all"	\$5.95
Roast Beef-Cheddar Cheese-Lettuce-Mayo	
#26 - <b>Classic Reuben</b> : "a deli standard"	\$5.65
Corned Beef-Swiss Cheese-Sauerkraut-Russian-on Rye	
#27 - <b>Reuben Sister</b> : "a central twist"	\$5.65
Pastrami-Swiss Cheese-Cole Slaw-Mustard-Russian-on Rye	
#28 - <b>The Italian</b> : "deli-icioso"	\$5.95
Capicola Ham-Salami-Pepperoni-Provo-Let-Tom-Mayo-Ital.	
#29 - <b>Hot "Cappy"</b> : "as in... happy"	\$5.65
Capicola Ham-Provolone-Onions-Hot Peppers-Let-Mustard	
#30 - <b>D.C. Veggie</b> : "healthy, yet deli-ish"	\$5.50
Cukes-Tom-Onions-Gr. Peppers-Havarti-Dill Dressing-Mayo	
#31 - <b>Turkey Cordon Bleu</b> : "oui-oui"	\$5.65
Turkey-Baked Ham-Swiss-Let-Tom-Mayo	
#32 - <b>The American</b> : "deli-icious"	\$5.50
Baked Ham-Bologna-American-Let-Tom-Mayo-Italian	
#33 - <b>Ham Dijon</b> : "fantastique"	\$5.50
Baked Ham-Swiss-Onions-Let-Tom-Horsey-Honey Must.	
#34 - <b>Chicken Club</b> : "the contender"	\$5.95
Sliced Chicken Breast-Bacon-American-Let-Tom-Mayo	
#35 - <b>Chicken Breast</b> : "gotta be good"	\$6.15
6 oz. Boneless-Marinaded, Honey Mustard, or Cajun	
#36 - <b>Beef on Weck</b> : "a Buffalo fave"	\$5.50
Hot Roast Beef in Au Jus on a Kimmelweck Roll	
#37 - <b>Italian Veggie</b> : "a superb choice"	\$5.95
Roasted Red Peppers-Red Onions-Fresh Mozzarella-Sundried Tomato Paste-on Focaccia Bread	

**WE CATER, JUST ASK!**

**OPEN: MONDAY - FRIDAY 7 A.M. - 3 P.M.**